

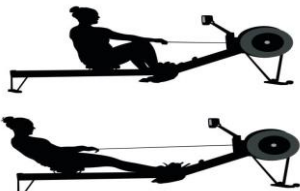


CrossFit Superfly (partner of Countryside YMCA) is to begin providing **FREE CrossFit classes for Warren County Special Olympics athletes and their sponsors.** Lead trainer, Kevin Schwieger, would like to **begin the week of September 10<sup>th</sup>.** Here are the dates and times for the classes.

**Tuesdays 3:30 pm**  
**Wednesdays 10:30 am**  
**Thursdays 6:30 pm**

You are welcome to come to one, or all of the classes. A parent or provider must remain on-site and assist. No need to RSVP, just show up. Waivers will be available, when arriving.

**1618 Deerfield Rd., Lebanon.** Directly across from the YMCA.  
Contact Kevin at 513-668-3995 or [kevin@crossfitsuperfly.com](mailto:kevin@crossfitsuperfly.com)



Thanks,

Rhonda Schutte  
Community Integration Coordinator  
Warren County Board of Developmental Disabilities



Questions regarding this flyer???? Contact Rhonda Schutte @ (513)806-3809 or [Rhonda.schutte@warrencountydd.org](mailto:Rhonda.schutte@warrencountydd.org).