

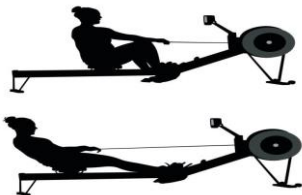


CrossFit Superfly (partner of Countryside YMCA) is providing **FREE CrossFit classes for Warren County Special Olympics athletes and their sponsors.** Lead trainer, Kevin Schwieger, is resuming with classes beginning Wednesday, January 2nd. Here are the dates and times for the classes.

Wednesdays 10:30 am
Thursdays 6:30 pm

You are welcome to come to one, or all of the classes. A parent or provider must remain on-site and assist. No need to RSVP, just show up. Waivers will be available, when arriving.

1618 Deerfield Rd., Lebanon. Directly across from the YMCA.
Contact Kevin at 513-668-3995 or kevin@crossfitsuperfly.com



Thanks,

Rhonda Schutte
Community Integration Coordinator
Warren County Board of Developmental Disabilities



Questions regarding this flyer???? Contact Rhonda Schutte @ (513)806-3809 or Rhonda.schutte@warrencountydd.org.