As the Coronavirus crisis continues, Mental Health Recovery Board Serving Warren & Clinton Counties wants you to have access to the most up-to-date resources to help you cope and manage your family's mental health during this difficult time.

We have started a list on our website that you can view any time for provider contact information and links to helpful articles, as well as local and state information about Coronavirus and its impact on our region. If you feel overwhelmed and need help now, call our Crisis Hotline at (877) 695-6333. You can also text "4hope" to 741741 to use the Crisis Text Line.

Additionally, Governor DeWine said Thursday that he would be signing an order to expand telehealth capabilities for both physical and mental health providers. We are closely monitoring this development and will keep you posted as our providers have the ability to connect using this technology.

The resource list on our website will be updated constantly, so please visit often to see additional entries as we learn them. We will keep this resource available as long as necessary.

As always, we value your partnership and care for one another at this difficult time. Reach out to your neighbors, family and friends to check on them, and if you're able to pay it forward, do something to help someone who may be forced to stay inside during this crisis. We are all in this together!