

# May 2022

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>10 - Fun Workout w/Ka Ren 11 - Spiritual Wellness 12 - Bingo 1 - Wheel of Fortune 2 - Masterclass: Sign Language 3 - Nature Talks with Suzan 6:30 - Fun Workout w/Ka Ren 7 - Scavenger Hunt 8 - Chair Exercise w/Charles</p> <p style="text-align: right;"><b>2</b></p>	<p>10 - Line Dancing 11 - Ask The Expert: Nutritionist 12 - Trivia (Sports) 1 - Art Class 2 - Chair Exercise 3 - Healthy Relationships 7 - Charades 8 - Healthy Relationships</p> <p style="text-align: right;"><b>3</b></p>	<p>10 - Chair Exercise w/Mona 11 - Self-Advocacy w/OSDA 12 - Bingo 1 - Virtual Trip (Marion Made) 2 - Jeopardy 3 - Singing with the Stars 6:30 - Fun Workout w/Ka Ren 7 - Art Group: Let's Color</p> <p style="text-align: right;"><b>4</b></p>	<p>10 - Body Movin' Basics 11 - Financial Literacy Free Trial Periods 12 - Name That Tune 1 - Let's Get Crafty 2 - Chair Exercises 3 - Healthy Relationships 7 - Family Feud 8 - Healthy Relationships</p> <p style="text-align: right;"><b>5</b></p>	<p>10 - Chair Exercise w/Mona 11 - Advocacy Army w/Milo Advocating For Your Needs 12 - Bingo 1 - Share Your Story Interviews 2 - Lingo 3 - Deal or No Deal 4 - Cooking w/Heidi 6:30 - Fun Workout w/Ka Ren</p> <p style="text-align: right;"><b>6</b></p>	<b>7</b>
<p>9 - Coffee Talk w/George 10 - Fun Workout w/Ka Ren 11 - Social Wellness 12 - Bingo 1 - Chain Reactions 2 - Masterclass: Ceramics 3 - Nature Talks with Suzan 6:30 - Fun Workout w/Ka Ren 7 - Karaoke 8 - Chair Exercise w/Charles</p> <p style="text-align: right;"><b>9</b></p>	<p>10 - Line Dancing 11 - Ask The Expert: Advocacy - Cassandra Wilson 12 - Connect Four 1 - Art Class 2 - Chair Exercise 3 - Healthy Relationships 7 - Bingo 8 - Healthy Relationships</p> <p style="text-align: right;"><b>10</b></p>	<p>10 - Chair Exercise w/Mona 11 - Self-Advocacy w/OSDA 12 - Bingo 1 - Virtual Trip (Columbus Historical Society) 2 - Let's Play Cards 3 - Singing with the Stars 6:30 - Fun Workout w/Ka Ren 7 - Art Group: Painting</p> <p style="text-align: right;"><b>11</b></p>	<p>10 - Body Movin' Basics 11 - Financial Literacy Predatory ending 12 - Puzzles w/Friends 1 - Let's Get Crafty 2 - Chair Exercises 3 - Healthy Relationships 7 - Coloring w/Charles 8 - Healthy Relationships</p> <p style="text-align: right;"><b>12</b></p>	<p>10 - Chair Exercise w/Mona 11 - Advocacy Army w/Milo Accessibility Infrastructure 12 - Bingo 1 - Share Your Story Interviews 2 - Cash Cab 3 - Left, Right, Center 4 - Cooking w/Heidi 6:30 - Fun Workout w/Ka Ren</p> <p style="text-align: right;"><b>13</b></p>	<b>14</b>
<p>9 - Coffee Talk w/George 10 - Fun Workout w/Ka Ren 11 - Physical Wellness 12 - Bingo 1 - 25 Words or Less 2 - Masterclass: Cake Decorating 3 - Nature Talks with Suzan 6:30 - Fun Workout w/Ka Ren 7 - Let's Play Cards: Crazy 8's 8 - Chair Exercise w/Charles</p> <p style="text-align: right;"><b>16</b></p>	<p>10 - Line Dancing 11 - Ask The Expert: Prescriptions - Debbie Hale 12 - Trivia (Disney) 1 - Art Class 2 - Chair Exercise 3 - Healthy Relationships 7 - Spot the Difference 8 - Healthy Relationships</p> <p style="text-align: right;"><b>17</b></p>	<p>10 - Chair Exercise w/Mona 11 - Self-Advocacy w/OSDA 12 - Bingo 1 - Virtual Trip (Wood County Museum) 2 - Minute to Win It 3 - Singing with the Stars 6:30 - Fun Workout w/Ka Ren 7 - Cardio Drumming</p> <p style="text-align: right;"><b>18</b></p>	<p>10 - Body Movin' Basics 11 - Financial Literacy Talking To Family About Money 12 - Name That Tune 1 - Let's Get Crafty 2 - Chair Exercises 3 - Healthy Relationships 7 - Bingo 8 - Healthy Relationships</p> <p style="text-align: right;"><b>19</b></p>	<p>10 - Chair Exercise w/Mona 11 - Advocacy Army w/Milo 13 Messages: Communicate 12 - Bingo 1 - Share Your Story Interviews 2 - Hollywood Squares 3 - Let's Make A Deal 4 - Cooking w/Heidi 6:30 - Fun Workout w/Ka Ren</p> <p style="text-align: right;"><b>20</b></p>	<b>7 - Disney Party</b> <b>21</b>
<p>9 - Coffee Talk w/George 10 - Fun Workout w/Ka Ren 11 - Creative Wellness 12 - Bingo 1 - Taboo 2 - Masterclass: Surprise Guest 3 - Nature Talks with Suzan 6:30 - Fun Workout w/Ka Ren 7 - Connect 4 8 - Chair Exercise w/Charles</p> <p style="text-align: right;"><b>23</b></p>	<p>10 - Line Dancing 11 - Ask The Expert: Stepping Out - Doris Bullock 12 - Memory 1 - Art Class 2 - Chair Exercise 3 - Healthy Relationships 7 - Karaoke 8 - Healthy Relationships</p> <p style="text-align: right;"><b>24</b></p>	<p>10 - Chair Exercise w/Mona 11 - Self-Advocacy w/OSDA 12 - Bingo 1 - Virtual Trip (Columbus Cultural Arts Center) 2 - Family Feud 3 - Singing with the Stars 6:30 - Fun Workout w/Ka Ren 7 - Art Group: Chalk Art</p> <p style="text-align: right;"><b>25</b></p>	<p>10 - Body Movin' Basics 11 - Financial Literacy PayPal and Cash Apps 12 - Hangman 1 - Let's Get Crafty 2 - Chair Exercises 3 - Healthy Relationships 7 - Memory 8 - Healthy Relationships</p> <p style="text-align: right;"><b>26</b></p>	<p>10 - Chair Exercise w/Mona 11 - Advocacy Army w/Milo Open Discussion: Hot Topic 12 - Bingo 1 - Share Your Story Interviews 2 - \$100,000 Pyramid 3 - Who Wants to Be a Millionaire 6:30 - Fun Workout w/Ka Ren</p> <p style="text-align: right;"><b>27</b></p>	<b>28</b>
<p><b>Memorial Day</b> <b>No Programming</b></p> <p style="text-align: right;"><b>30</b></p>	<p>10 - Line Dancing 11 - Ask The Expert: Trumbull County Health Dept. 12 - Pictionary 1 - Art Class 2 - Chair Exercise 3 - Healthy Relationships 7 - Let's Play Cards: Crazy 8's 8 - Healthy Relationships</p> <p style="text-align: right;"><b>31</b></p>				



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