

WHAT CAN I DO AS I RETURN TO WORK?

4 THINGS TO BE SAFE

As we begin to get Ohio back to work, take the time to protect yourself, co-workers, and families. We need to continue to support our community efforts to control the spread of COVID-19 more now than before. Our last guiding responsibility is to get Ohio back to work.

As we start to return to work, please take time everyday to pay attention to any symptoms or changes you may experience.

- 1) CLEAN & SANITIZE** your work area several times throughout the workday and at the close of business or shift change **MAINTAIN GOOD HYGIENE** at all times **HAND WASHING** is key
- 2) SOCIAL DISTANCING** please keep 6 feet between you, your co-workers and others that enter your work area **REMEMBER** we will catch up with each other soon— but now is not the time
- 3) DAILY HEALTH ASSESSMENTS** better safe than sorry **IF YOU ARE ILL STAY HOME** please self-evaluate to determine your ability to work
 - Mild cough
 - Shortness of breathe
 - Mild sore throat
 - Headaches
 - Chills
 - Low-grade fever—100.4
 - Lack of taste/smell
 - Body aches/muscle pain
 - Mild allergies
 - Body shakes w/chills
- 4) WEAR A MASK** in public settings where other social distancing measures are difficult to maintain. This helps to slow the spread of the virus and help people who may have the virus and do not realize it from transmitting it to others

FOR MORE INFORMATION CALL SHELLY NORTON AT 513-695-2475

Warren County
Health District

